

## **Class Meeting 2**

### **Chapter 1 – *What Happens to Love After the Wedding?***

1. The opening illustration raises questions many married and divorced individuals are asking today. In your marriage, perhaps you have asked some of the same questions. Drawing from your own marriage experience, what other questions might you add to those?
2. What solutions have you found useful in solving some of the problems that couples face in their marital relationships?
3. Dr. Chapman states that “the desire for romantic love in marriage is deeply rooted in our psychological makeup.” As we strive to fulfill that desire, what is the basic truth many are missing?
4. What are primary and secondary languages? How does each function in our marriages? In our other relationships?

### **Chapter 2 – *Keeping the Love Tank Full***

1. How would you define love? Given your exposure to Dr. Chapman’s concept of five love languages, might your definition have room for additional thought and development?
2. What fuels our need for love? Why is it an ongoing need?
3. Discuss the “love tank” metaphor the author describes. How often do you focus on your spouse’s love tank? How successful have you been keeping it filled?
4. Are you alert to signs that your spouse might be crying out for love? Are you gauging the possibility that his or her emotional love tank could be running on “empty”? What are some of the things that can cause one’s tank to dry up?

### **Chapter 3 – *Falling in Love***

1. Have you had a “falling in love” experience? As you reflect, how much of it was illusion, and how much of it was reality? What were some of the illusions you had?
2. How long can we expect to sustain an “in love” experience? Early on, why do we tend to believe this euphoric state is so real? When reality sets in, what are some of the ways the illusion of intimacy evaporates?
3. What is the nature of real love? Contrast what it means to “fall in love” with experiencing “real love.” What characteristics of real love separate it from a euphoric, in love experience?
4. What is our most basic emotional need? What do we need to realize to begin aligning with our spouse and meeting that need?
5. When couples find themselves falling out of love, what are their two common courses of action? The author has good news for married couples who have lost their “in love” feelings? Describe the author’s third alternative.