

## **Class Meeting 6**

### **Chapter 10 – *Love Is a Choice***

1. We are all likely guilty of poor choices in the past. If not dealt with, how can hurt, anger, and resentment affect a marital relationship over time?
2. How can our expressions of love, within the context of knowing our spouse's love language, enable us to deal with past conflicts and failures in our marriages?
3. Why does the "in love" experience eventually fail to meet one's need for real love after time? Explain what the author means by "love is a choice." How do our choices make a difference in our relationships?
4. Dr. Chapman explains that our actions must precede our emotions. What does he mean by that statement? Why is that order essential?

### **Chapter 11 – *Love Makes the Difference***

1. Drawing from the author's discussion, what does it mean to be significant?
2. How important to us is our need to feel significant? Explain how love functions in meeting this need.
3. Within some marriages, what is the key to renewing and reenergizing emotional love?
4. Given your spouse's love language, what new or renewed actions can you take to make your spouse feel more significant?

### **Chapter 12 – *Loving the Unlovely***

1. Describe the situation Ann faced in her marriage. What hypothesis did Dr. Chapman suggest to Ann? Upon what foundation did he build his hypothesis?
2. Drawing from the words of Jesus in the Gospel of Luke, what does Dr. Chapman consider to be love's greatest challenge? What is the nature of this challenge?
3. Dr. Chapman draws a specific principle from Jesus' sermon in Luke 6:38. Read this passage. Discuss this principle and how it applied to Ann's situation. How applicable is this principle to all relationships?
4. Have you ever been in a "loving the unlovely" relationship (not necessarily marriage)? How did you handle it?
5. Review the author's assessment of Ann and Glenn's experiment and his recommendations to his readers. Discuss his four steps toward regaining a healthier marriage.