

## What's the study plan for D-Groups?

- Week 1 – HEAR Journal, part 1 – Introduction, Highlight and Explain
- Week 2 – HEAR Journal, part 2 – Apply and Respond
- Week 3 – Gospel – Handles for Sharing Faith
- Week 4 – Reading the Bible with Jesus at the Center
- Week 5 – Old Testament Big Story
- Week 6 – New Testament Big Story
- Week 7 – Who is God?
- Week 8 – Sin
- Week 9 – Forgiveness
- Week 10 – Holiness
- Week 11 – Loving God and Loving Others
- Week 12 – The Church and Unity
- Week 13 – Church Ordinances
- Week 14 – Spiritual Gifts
- Week 15 – Generosity and Stewardship
- Week 16 – Spiritual Disciplines
- Week 17 – Corporate Spiritual Disciplines
- Week 18 – Making Disciples and Multiplication

## What's the plan for D-Group scripture memory?

- Month 1 – 2 Timothy 3:16-17
- Month 2 – Romans 5:6-8
- Month 3 – Luke 24:25-27
- Month 4 – Deuteronomy 6:4-7
- Month 5 – Proverbs 3:5-6
- Month 6 – Romans 12:1-2
- Month 7 – Psalm 119:9-11
- Month 8 – Micah 6:8
- Month 9 – Matthew 28:18-20



# D-GROUPS

## FAQs

### What is a D-Group?

D is for discipleship! Men's or women's D-Groups are one person facilitating a structured discipleship process and relationship for three other people (1-on-3). Groups meet twice a month for a total of 9 months (18 meetings). Groups can start at any time and each group is free to determine the best meeting time for its members.

### What does a D-Group do?

D-Groups meet for 1 hour twice a month and feature study materials readily available through the First West App. Here's the outline for a typical 1-hour meeting:

- Group Discussion – 3 observations from reading (15 min.)
- HEAR Journal – 1 Observation from HEAR journal (20 min.)
- Accountability Questions (15 min.)
- Scripture Memory – 1 verse(s) per month (5 min.)
- Prayer (5 min.)

### What is a HEAR Journal?

HEAR is a Bible study method that leads you to Highlight, Explain, Apply and Respond to the Bible. The first two D-Group meetings introduce and explain how to use HEAR to study the Bible.

### Where can I find D-Group study materials?

All D-Group study materials are readily available through the First West app. Find the 'Groups' panel on the Engage screen, and then select the 'D-Groups' panel. If you don't have access to the app, please speak with your group leader for assistance.

### **When and where should our D-Group meet?**

You can meet anytime, anyplace and anywhere. The important thing is that everyone in your group agrees on the same schedule. Because groups only meet twice a month, the time and location can change depending on the availability of the group. Here are some examples:

- Breakfast on Tuesdays @ 6:30am at Cracker Barrel
- Lunch on Thursdays @ 11:45am at Iron Cactus
- After rehearsals on Wednesday night in the Worship Center
- Wednesdays @ 6:00pm at The Fish House
- Sunday nights in a home
- Saturdays @ 4:00pm at Kiroli Park

Be creative and find the best time to meet with your group. Look at the natural rhythm of your life and schedule your D-Group accordingly.

### **Are D-Groups a substitute for my LIFE Group?**

Not really. LIFE Groups @Home or @Church are the place where everyone can experience Christ-centered community at First West. LIFE Groups are the place where we reach unchurched people, teach the Bible and care for each other. First West's D-Groups are a strategic way to go deeper in your Christian faith and become a disciple who makes disciples.

### **Who should be a part of a D-Group?**

D-Groups are for people who want to take next steps in their relationship with Christ. D-Groups also serve as a place for people to more consistently study and apply the Bible to their lives.

### **Are D-Groups open to non-First West members and attenders?**

Absolutely. While D-Groups will naturally include lots of First West members and attenders, you are encouraged to include others who are ready to make the D-Group commitment.

### **How much time will a D-Group take?**

D-Groups meet for 1 hour twice a month. Beyond monthly group meeting time, you are asked to read assigned articles (2 hours per month), spend daily quiet time studying scripture (20 minutes per day) and memorize key verses each month.

### **If a member of my D-Group can't attend a meeting, should the group meet without him or her?**

We ask that you schedule group meetings at times when everyone in the group can be present. It's important that everyone stays on schedule so no one gets left behind. Remember, because groups only meet twice a month, the time and location can change when there's a conflict.

### **Can we add someone after the start date?**

Because D-Groups are structured around specific goals and content, we ask that you not add group members after the start date.

### **When will the first D-Groups start and stop?**

The first D-Groups will begin on March 1 and conclude 9 months later in November. New groups can meet anytime, anyplace and anywhere. Remember, groups meet twice a month for a total of 9 months (18 meetings).

### **When can other people join a D-Group?**

The first D-Group cycle is limited to around 120 people. Once beta testing is complete in December 2017, we will have leaders for around 100 new D-Groups! At that point, we also expect D-Groups to have varied start dates.

### **Does my group answer all the accountability questions for the week?**

No. Accountability questions are available through the app and serve as a guide for group accountability discussions. Some questions will resonate more fully than others, and that's just fine. Use the questions that best apply to your life, work and family.

### **At the conclusion of 9 months, is every D-Group member expected to lead a new group?**

We hope that every D-Group member leads another group at some point, but we know that may take time for some people. Continue to participate in D-Group cycles until you're ready to be a disciple who makes disciples.